

Pool Lifeguard Course & Revalidation

Strand Hotel Start 4th (Limk.) Nov 2023



Dates Nov 4.11.18, 25 Dec 2,9.

Time 11am to 5 pm (each day)

Entry Level Minimum standard of entry

All candidates must be min 16 years of age at the time of the course

Be able to swim 100metres on front and 100 metres on back

Surface dive to a depth of at least 1.5metres

For further information Ring 087-8122175 or

jimcriordan@gmail.co

Numbers limited

Closing date for applications 20/10/2023

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