



Pool Lifeguard Course Tipperary Town

Sean Treacy memorial swimming pool

July 11,12,13,18,19,20 .

Time 8am to 3pm each day

Prerequisite

All candidates must be min 16 years of age at the time of the course
Be able to swim 100metres on front and 100 metres on back
Swim 50 metres in 60sec
Surface dive to a depth of at least 1.5metres

Assistant swimming teacher Course

July 8,9,10,15,16,17.

Time 9am to 4-30pm each day

Prerequisites

- *Candidates must be 16 years of Age*
- *Life Saving min Safety 4 of WSI or pool Lifeguard WSI or equivalent*

Full swimming teacher course

July 8,9,10,15,16,17. Time 9am to 4-30 each day

Prerequisites

- *Candidates must be 18 years of Age*
- *Have passed assistant teacher course or equivalent*
- *Have achieved the required teaching experience at assistant level (Min 20 hrs)*
- *Hold a current Water Safety Certificate of a standard not less than the rescue 1 or equivalent or pool lifeguard*
- *Have verified teaching experience as an assistant teacher*

Note Application forms for all courses on request to Jim Riordan

For Further information Tel 087-8122175 or Email jimcriordan@gmail.com

Closing date for return of completed application forms is **24/06/2024** (or class is full)

Please Sean Treacy Memorial Swimming pool will be advertising for

Part time Lifeguard in July

You will require a minimum of Level 2 pool lifeguard & Assistant Swimming Teachers

Any person wishing to apply for full Lifeguards must have Level 2 pool Lifeguard & Full Swimming Teachers.

Advice for applicants for pool Lifeguards

Swim fit

Front crawl 50m less than 1 min

Back Crawl 50m

Side stroke 50m

Breast stroke 50m

Inverted breast stroke 50m

Continuous Swimming